

The Roundtable

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Here's To Your Health

Ken Huhn started that mantra fifty years ago. His classification talk at this morning's meeting traced his entry into the health care administration field. The alternative, he said, was working for one of the large Ohio rubber companies after he graduated from high school. However, they were closing or reducing work forces.

A job as an orderly in a hospital changed his career perspectives. Ken's vita reads like a peripatetic health nut. He studied respiratory therapy at the University of Chicago, and then went to Indianapolis followed by a stay in Cleveland. His Case Western University masters degree is in organizational management.

The rehabilitation department at the University of West Virginia needed help in designing a ventilator wing on campus. Ken was their man.

A call from St. Joseph Hospital got Ken to settle in Bangor. His fourteen years at the hospital caused his interest in the world of disability to blossom. He later joined United Cerebral Palsy in Maine and he is still with the organization as director of program development.

Ken addressed licensing requirements. "It's funny that administrators of huge hospitals do not need licenses, but you need one if you're the head of a small nursing home." He acquired his license as a nursing home administrator.

Ken's history in Rotary began on the same day as did **Greg Urban's** membership in the club in 2001. Actually, he got involved with the Breakfast Club when he convinced its membership to sponsor his son's Soap Box Derby car in 1995 in the Bangor/Brewer race. (His son did not win.) Ken recalled hefting the heavy racecar up the steep steps of the Muddy Rudder restaurant to the upstairs dining room where the club met so they could see what they sponsored. His son, Jeff, attended the Rotary Youth Leadership Institute in 2013.

We learned more about the history of what was then City Hospital and the attempt to close it because of financial stress. Ken served on the Blue Ribbon Committee that suggested they convert the institution to a 501(c)3 platform. The Committee was able to lead the hospital to financial success.

Ken honors his belief of doing all we can to serve the communities in which we live. He has been on the Advisory Committee of Eastern Maine Community College for six years and is currently on the Bangor Planning Board. He is running for a seat on the Bangor City County.

After the plates were cleared

President June Kontio reminded us of the Polio Plus collection cans on the table, and that sixty cents equals \$1.80 in benefits to eliminate polio. She gave a happy/sad dollar for her daughter's departure from home for the University of Maine this week.

We celebrated a couple of wedding anniversaries: **Greg Urban's** 27th, and the more recent newlyweds, **Kristy** and **Ken Kimball**- they have been saying "I Love You" for 15 years. It has to be love- Ken convinced Kristy to join him in a 250-mile bike-packing trip.

Les Myers- August 30, 2018



Our Visitors

(l) Kristen Gaylord, Vice President and Branch Manager of the Bangor Savings Bank in Brewer

(r) Emily Kontio, June's daughter, major in biology, aiming for pre-med at UMaine