

The Roundtable

**Published Mostly Weekly and Kept on Ice by the
Bangor Area Breakfast Rotary Club**

www.bangorbreakfastrotary.org

January 26, 2017

The daily dose

Ann Soule, who is Clinical Supervisor for Adult Outpatient Services at Acadia Hospital, brought some good news during her talk this morning. Acadia Healthcare will soon be offering daily dosings of Suboxone.

A Suboxone primer from Drugs.com: Suboxone contains a combination of buprenorphine and naloxone. Buprenorphine is an opioid medication. An opioid is sometimes called a narcotic. Naloxone blocks the effects of opioid medication, including pain relief or feelings of well-being that can lead to opioid abuse. Suboxone is used to treat narcotic (opiate) addiction. It is not for use as a pain medication.

Oxycodone is an opioid pain medication used to treat moderate to severe pain. Oxycodone extended-release is used for around-the-clock treatment of pain. This form of oxycodone is not for use on an as-needed basis for pain.

Ms. Soule noted that oxycodone is one of the most addictive drugs. She said that suboxone is better for individuals, especially those who are highly functioning and productive.

The Centers for Disease Control reported a 26 percent increase in drug overdose deaths in 2014-2015. In Maine, 272 people died in 2015 from drug overdoses. She quoted Maine's DHHS Commissioner Mary Mayhew who said that more than 70 percent of individuals addicted to heroin started with legally prescribed pain pills.

"Our goal is to support primary care physicians by inducting clients on Suboxone and providing stabilization," she said. The plan will allow PCPs to focus on the medication appropriateness and not have to worry about the treatment and counseling requirements for daily Suboxone dosing.



From today's Bangor Daily News:

People in the Bangor area will have greater access to the life-saving medication Narcan starting February 1, after a Circle of Caring fundraising effort brought in more than \$17,000. Narcan is administered by those who suspect a friend or loved one has overdosed on an opioid.

Another gray day

The Interact Leaders Club experienced two collegial losses in two weeks. **John Quinn**, the Bangor Y's Interact leader, described last night's meeting during which members discussed the recent deaths of Aaron Ricker and, two weeks ago, Colin McCallum. John said that a grief counselor attended last night's meeting. He also invited members to consider joining his Interact Committee (John is the only member right now). The club meets Wednesdays at 6 pm at the Isaac Farrar Mansion.

President Kristy Kimball said the Bangor Noon Rotary's "Dancing with the Stars" fundraising show this coming Saturday needs two more volunteers. Contact her for details.

You are invited to an Area 9 Rotary gathering of the three Bangor-area clubs at the Old Town Rotary next Thursday at 6:15 pm.

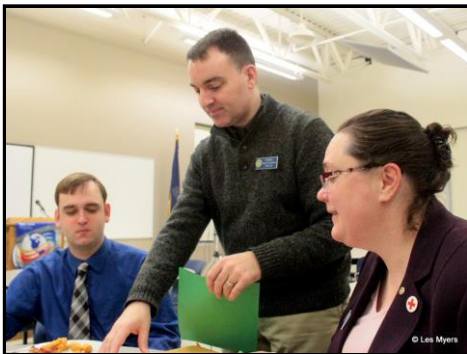
The Happy/Sad Dollar Department (**Paul Miragliuolo, Mgr.**) collected a Happy Dollar from **Lisa Larson**. She reported that because of weather conditions Tuesday and yesterday, EMCC cancelled classes and the campus was turned over to the FBI and military units for training. The college will have its annual Snow Cross at Bass Park Saturday and Sunday.

WLBZ's Project Heat Telethon last week raised \$130,000, according to **Judy Horan**. The Keep Me Warm project provides emergency assistance through United Way and Community Action agencies throughout Maine.

Ivan McPike won the weekly drawing but the Joker's Wild eluded him. The total now is \$257.

Next week: Bare your fangs! Pet photographer Debra Bell will be our speaker. Images of Fifi, Li'l Chittlins' and Rex will benefit from the advice she will give. Please don't woof down your breakfast.

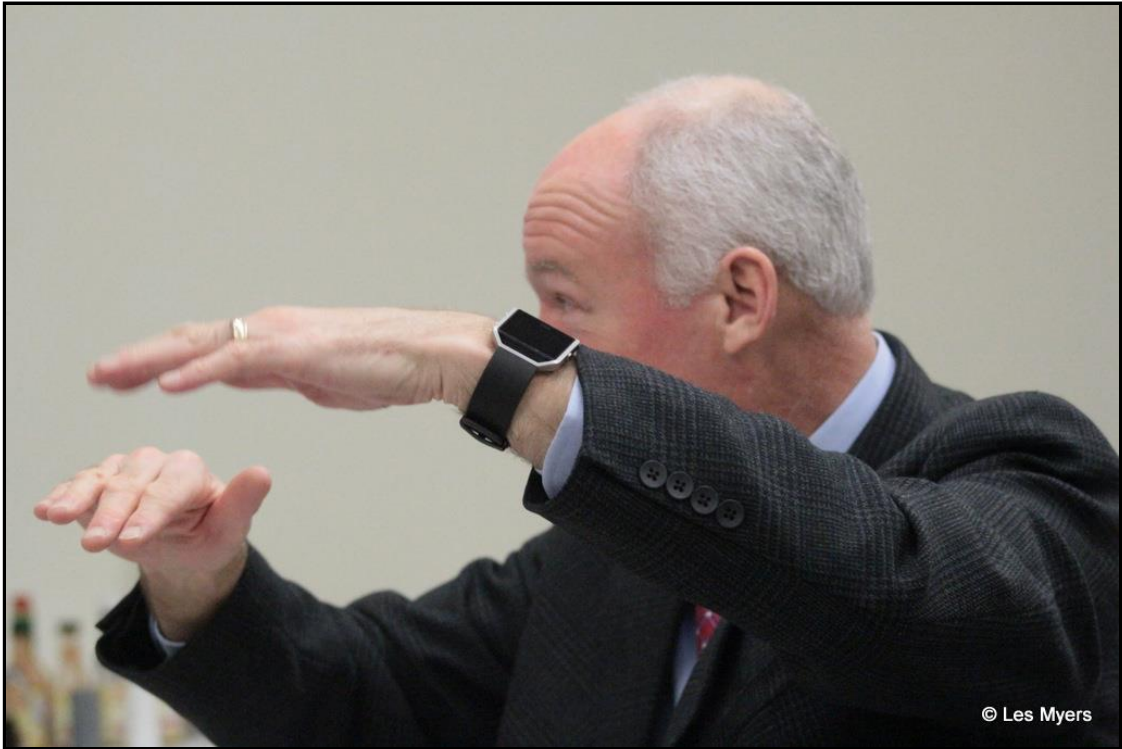
Les Myers- January 26, 2017



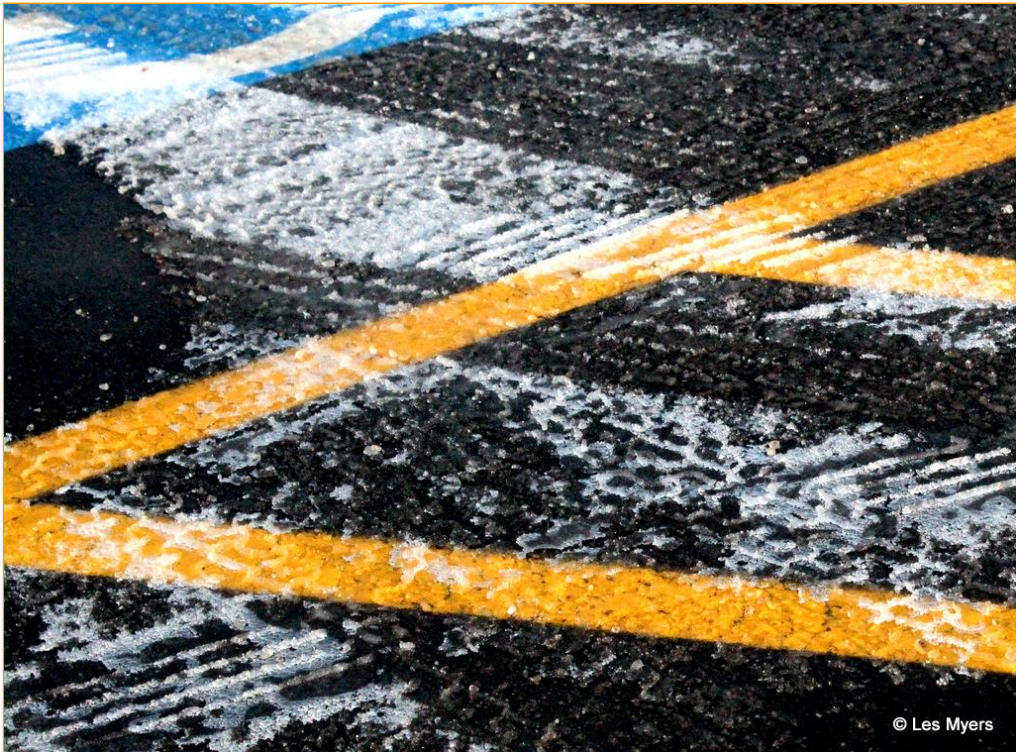
Proposed new member Tyler Hoxie, Ken Kimball and Caroline King



Ann Soule, Greg Urban



See, this F-15 was here... and I was down here...in a meeting.



“Ye are the salt of the earth...”